

# ROC SOA RETREAT 2019

Nov. 21, 10am to 3pm

Please  
Join Us



St. Andrews Parish,  
53 Reynolds Ave. Oakville.  
It is the oldest standing Catholic  
Church. Built in 1840 to  
service the Irish-Catholic dock  
workers, the church has grown  
and developed down through the  
years. It is known as “the white  
church” and it is the crowning jewel  
of Oakville’s historical district.



EVANNE HUNTER IBVM  
Award winner, speaker and ad-  
vocate for Global Social Justice.

Registration is required via  
email to [tjfauteux@me.com](mailto:tjfauteux@me.com).  
MEMBERS \$10.00  
NON MEMBERS \$20.00

## Metanoia: A Change of Mind and Heart

Four sections:

1. The Signs of Our Times
2. Modern Prophets Reacting
3. The Spirituality of Jesus as an apt response
4. What about us? A Practical Spirituality for Today

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Metanoia, from the Greek, is interpreted by Teilhard de Chardin as a profound transformation in a person that is deep enough to change one's heart, not simply one's mind. It usually involves a spiritual conversion. Metanoia implies a personal freedom to engage in new holistic thinking, new reflection on experience, new loving. It requires openness to change one's mindset, one's way of seeing the world, dissatisfaction with partial analysis of situations or problems. Metanoia is about becoming free enough to read the signs of the times and to discover how the Spirit is at work in each one of us and in the world. Metanoia results in a new passion to take responsibility to work towards making the world a little more like the world that the Creator surely intended it to be.

We are grateful to Father Con O'Mahony for granting us use of St. Andrew's Parish Centre. It is wonderful space in historic Oakville, Ontario.

Registration includes lunch and refreshments.

For more information please contact:

Michael O'Keefe ([mpokeefe@gmail.com](mailto:mpokeefe@gmail.com))

or

John Fauteux ([tjfauteux@me.com](mailto:tjfauteux@me.com))